

## **Things to Consider when Learning the Sources:**

1. Time: When to study and How long? Which day(s)? What time of day?
2. Location: Where to study? What's a good environment for me to learn?
3. Supplies: Do I want to listen, read or both? What tools and supplies do I need (phone, computer, print-out, journal, etc)?
4. Method: How am I going to learn? What will it look like? (Underline? Highlight? Hand-write notes? Type?)

## **A Method for Learning the Sources**

1. Set aside enough time to read or listen and take notes. We recommend budgeting at least 20 minutes for notes in addition to the time it takes to listen or read.
2. Pick a location that works for you:
  - a. As free from distraction as possible.
  - b. You have room to take notes.
  - c. A place you want to be.
3. Take notes on question #1 as you read/listen.
  - a. If listening, pause the recording to jot down significant points and note what time on the recording it was said.
  - b. If reading, mark the spot in the text and record a note in the journal.
4. After reading or listening:
  - a. Take some time for reflection.
  - b. Answer questions 2 & 3.
  - c. Note what parts of the talk prompted your answers so when you come back later and wonder, "why did I say that?" you can find the relevant part of the sources.